# 2nd Asian Indoor Games

第二屆亞洲室內運動會



## Technical Handbook 技術手冊 <sup>2nd Edition</sup> 第二版







# **MAIGOC**

第二屆亞洲室內運動會澳門組織委員會 ■ Macao 2<sup>nd</sup> Asian Indoor Games Organising Committee

Website: www.maigoc2007.com





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## I. GENERAL SCHEDULE OF THE MACAU 2007, 2<sup>ND</sup> ASIAN INDOOR GAMES

	Date	Date October						November		
· ·		Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Sports		26	27	28	29	30	31	1	2	3
Opening Cere	emony	0								
Aerobic Gym	nastics	•	•	•						
Bowling			•	•	•	•	•	•	•	
Cl. C.	Chess	•	•	•	•	•	•	•	•	•
Chess Sports	Xiangqi		•	•	•	•	•	•	•	
Cue Sports			•	•	•		•	•	•	•
DanceSport			•	•						
	Dragon Dance							•	•	
Dragon & Lion Dance	Northern Lion							•	•	
LIOII Dance	Southern Lion							•	•	
Electronic Spo	orts (E-Sports)		•	•	•					
	BMX Freestyle	•	•	•		•		•	•	
Extreme	Inline Stunt	•	•	•			•		•	
Sports (X-Sports)	Skateboard	•	•	•						
[ /	Sports Climbing					•	•	•	•	
Finswimming	(25m)		•	•						
Futsal		•	•	•	•	•	•	•	•	•
Hoop Sepakta	akraw						•	•	•	•
Indoor Athlet	ics					•	•	•		
Indoor	Artistic Cycling	•	•							
Cycling	Cycle ball	•	•							
Indoor Hocke	ey	•	•	•	•	•		•	•	
Kabaddi						•	•	•	•	•
Muay					•	•	•	•		•
Short Course Swimming (25m)						•	•	•	•	
Kickboxing (Demonstration sport)		•	•							
Kurash (Demonstration sport)									•	
Closing Cerer										0

The above schedule is subject to changes depending on the final number of competitors and teams.

#### H. **ORGANISATIONS**

## Olympic Council of Asia (OCA)

## Executive Board of Olympic Council of Asia (OCA)

President H.H. Sheikh Ahmad Fahad Al-Sabah

Secretary General Raja Randhir Singh

Vice Presidents

Central Asia Mr. Rakhimov Gafur Arslanbek

East Asia Mr. Timothy Fok

South Asia Lt. Genl. Syed Arif Hasan

South East Asia Maj. Genl. Charouck Arirachakran West Asia Sheikh Issa Bin Rashid Al-Khalifa

16th Asian Games, Guangzhou Mr. Yu Zaiqing

7th Asian Winter Games, Almaty Mr. Temirkhan Dosmukhambetov

2<sup>nd</sup> Asian Indoor Games, Macau Mr. Manuel Silvério 1st Asian Beach Games, Bali Mrs. Rita Subowo

#### Chairmen

Coordination Committee Mr. Tsunekazu Takeda Advisory Committee Mr. Ser Miang Ng Athletes Committee Mrs. Yuko Arakida Education & Culture Committee Mr. Hemasiri Fernando Finance Committee Dr. Feng-Shu Chang Information & Statistics Committee Mr. Bahram Afsharzadeh Media Committee Mr. Manuel Silvério Medical Committee Dr. M. Jegathesan

**Rules Committee** Sheikh Talal Fahad Al-Sabah

Sports & Environment Committee Mr. Jyung Sun Yu

Sports & Peace Committee HRH Prince Faisal Al-Hussein

Sports For All Committee Genl. Souhail Khoury Sports Committee Mr. Wei Jizhong Women's Committee Mrs. Natalya Sipovich Director General Mr. Husain Al-Musallam

OCA Address P.O. Box 6706

32042 - Hawalli

Kuwait

Telephone (965) 5717196 / 5734972 Facsimile (965) 5734973 / 5726622

E-mail info@ocasia.org Website www.ocasia.org



## Technical Handbook Second





## II. ORGANISATIONS

# 2. The Macao 2<sup>nd</sup> Asian Indoor Games Organising Committee (MAIGOC)

Chairman Manuel Silvério

Secretary Armando Manuel da Silva Aparício

Directors Peter, Ung Hoi Ian

Isabel da Silva Eric, Chau Ka Lai

Sylvester, Cheong Hung Fat

Vasco Bismark Willa, Hong Wai Eddie, Laam Wah Ying Charles, Lo King Chiu

Address Rua do Desporto, nº 185 – 195,

Taipa, Macau

 Telephone
 (853) 28-70-2007

 Facsimile
 (853) 28-71-2007

 E-mail
 macau@maigoc2007.com

 Website
 www.maigoc2007.com

## II. ORGANISATIONS

## 3. Sports Federations

#### 3.1 International Cycling Union (UCI)

President Pat McQuaid

Address CH 1860 Aigle, Switzerland

Telephone (41)-24-468-5811
Facsimile (41)-24-468-5812
Website www.uci.ch

## 3.2 Asian Cycling Confederation (ACC)

President Mr. HEE Wook Cho Secretary General Mr. Choi, Boo Woong

Address MG Building #315-4, 2 Ka Sungsoo-Dong

Sungdong-Ku Seoul, Korea

 Telephone
 (82) 2-4650-805

 Fax
 (82) 2-4650-808

 E-mail
 kucbw@hanmail.net

#### 3.3 Cycling Association of Macao, China

President Eddie, Wah Ying Laan

Secretary Mak Chi Kun

Address Avendia de Venceslau De Morais

Keck Seng Industrial Centre 3 Bloco

2-Andar R, S, MACAU

 Telephone
 (853) 28-482 182

 Fax
 (853) 28-482 178

 E-mail
 nkha@macau.ctm.net

 Website
 www.macaocycling.org











## III. COMPETITION INFORMATION

#### **Date and Place** 1.

The Indoor Cycling Competition in the Macau 2007, 2nd Asian Indoor Games will be held from 26th to 27th October, 2007. This schedule is, however, subject to changes depending on the final number of entries.

#### Venues

#### **Competition Venue**

The Indoor Cycling competition will be held at the Luso-Chinese School Pavilion located approximately 4 Km from Macau's city center with seating capacity of 300.

#### 2.2 Training Venue

Training and warm up sessions will be conducted at the competition site Luso-Chinese School Pavilion.

#### 3. **Events**

The Indoor Cycling competition will consist of the following events:

<u>Men</u>	<u>Women</u>
Single Artistic Cycling	Single Artistic Cycling
Pair Artistic Cycling	Pair Artistic Cycling
Cycle Ball	

## **Tentative Competition Schedule**

October 22-24, 2007 (Monday-Wednesday)	Setup the competition court
October 25, 2007 (Thursday)	Commissaries Meeting Team Manager Meeting Official Training
October 26, 2007 (Friday)	Artistic Cycling Cycle Ball
October 27, 2007 (Saturday)	Artistic Cycling Cycle Ball

## III. COMPETITION INFORMATION

## Eligibility

- The 2<sup>nd</sup> Asian Indoor Games Indoor Cycling competition is exclusive for teams representing the National Olympic Committee (NOC).
- 2.2 Only competitors who comply with the conditions integrated in OCA constitution are entitled to participate.

## 5.3 Number of participants

Each team representing their NOC for Indoor Cycling competition, may be composed of no more than nineteen (19) persons in Indoor Cycling competition: four (4) officials, nine (9) men riders and six (6) women riders.

Artistic Cycling (included alternatives): two (2) men rider Men single Men Pair four (4) men rider Women single two (2) women rider Women Pair four (4) women rider

Cycle Ball:

three (3) men rider Men

(include 2 starter and 1 alternatives),

#### **Entries**

- 6.1 Entries of each participating NOC must be submitted in accordance with the regulations laid by MAIGOC.
- 6.2 Deadline for Entry Forms by number (Preliminary) Preliminary Entry Forms by number from Technical Officials and each participating NOC, forwarded through the respective National Olympic Committee (NOC) must be completed and should be received by MAIGOC no later than 22<sup>nd</sup> of June, 2007 at 18:00 hours, Macau Local time.
- 6.3 Deadline for Entry Forms by Name (Final) The Entry Forms by name must be received by MAIGOC no later than 14th of September, 2007 at 18:00 hours, Macau Local time.

The completed Entry by Name forms must be submitted for each athlete and must include all necessary information including the athlete's full name.

NOCs may make changes or submit additional Entry by Name forms up to and including the day of deadline, but no such adjustments will be permitted after the deadline.









## III. COMPETITION INFORMATION

6.4 Both entries by number and by name forms may be sent by fax and subsequently confirmed with stamped original by posting to the following address:

Macau 2007, 2<sup>nd</sup> Asian Indoor Games Organising Committee

(MAIGOC)

Address: Rua do Desporto, no 185-195 Taipa, Macau

 Telephone:
 (853) 28-70-2007

 Fax:
 (853) 28-71-2007

 E-mail:
 macau@maigoc2007.com

 Website:
 www.maigoc2007.com

#### 6.5 Final Confirmation

An NOC representative shall submit a final confirmation of athlete entries at Team Manager Meeting to be held one day before the start of the competition.

## 7. Technical Meeting

- 7.1 A Commissaries Meeting of referees will be held on 25<sup>th</sup> of October, 2007 (one day before commencement of competition).
- 7.2 A Team Manager meeting will be held on 25<sup>th</sup> of October, 2007 (one day before commencement of competition).

## 8. General Rules and Regulations

#### 8.1 Competition rules

The 2<sup>nd</sup> Asian Indoor Games in Indoor Cycling will be conducted in accordance with the latest version of Rules and Regulation of the International Cycling Union (UCI).

In case of any disagreement in the interpretation of the Rules, the English text shall prevail. Any unforeseen incident not covered by the Rules shall be dealt with accordingly in the following manners.

**General issues**: Resolved in accordance with the decision of OCA. **Technical issues**: Resolved in accordance with the spirit of the UCI Rules.

## III. COMPETITION INFORMATION

## 9. Draw

The team event draw will be held in Chef de Mission Meeting in 2007. The draw shall be conducted by MAIGOC and supervised by OCA and ACC.

#### 10. Technical Officials

#### 10.1 Technical Delegate

The Indoor Cycling Technical Delegate of Macau 2007, 2nd Asian Indoor Games shall be appointed by Asian Cycling Confederation (ACC) and approved by OCA and MAIGOC.

## 10.2 Judges

The necessary Technical Officials (referees, judges, umpires, timekeepers, inspectors, etc.) and approved by OCA and MAIGOC.

#### 11. Uniforms

Competition uniforms will be in accordance with the UCI rules of Indoor Cycling. No athlete or technical officials may attach any form of commercial advertising to his or her competition uniforms without prior agreement with OCA, UCI and MAIGOC.

#### 12. Penalties in Case of Fraud

A competitor proved fraudulently to have transgressed the Rules and Regulations of the Games Federation, shall be disqualified and lose any position he/she may have gained. If this competitor's Member Organization is proven to have been a party to the fraud, his/her NOC shall be disqualified in the sport involved.

## 13. Doping Control / Gender Verification

#### 13.1 Doping Control

Doping control for all events of the Macau 2007, 2<sup>nd</sup> Asian Indoor Games will be conducted according to OCA Medical Committee directions and will follow the procedures specified by the World Anti-Doping Agency (WADA).



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## III. COMPETITION INFORMATION

#### 13.2 Gender verification

Gender verification tests may be carried out in accordance with the OCA Constitution and Rules.

13.3 Competitor who is chosen to be tested will be notified after the match. When notified, the competitor must proceed to the Doping Centre within an hour for examination. The competitor must bring an AD / ID Card. Those who are notified, but do not arrive at the centre will be treated as testing positive. Competitor must be either accompanied by coach or team doctor. Gender examination will take place only when needed.

## 14. Prizes

## 14.1 Language

Chinese and English will be used for the Victory Ceremony

#### 14.2 Clothing

All awardees must wear their NOC's official clothing.

#### 14.3 Order of Awards

The medals will be called out and conferred in following order: 3rd, 2<sup>nd</sup>, 1<sup>st</sup>

#### 14.4 Prizes

#### **Individual Events**

First Prize: Gold medal and diploma for the winner in

each event.

Second Prize: Silver medal and diploma for the first runner-

up in each event.

Third Prize Bronze medal and diploma for the second

runner-up in each event.

Diploma to the competitors place fourth to Fourth to sixth prize:

sixth in each event.

## III. COMPETITION INFORMATION

## **Team Events**

First Prize: Gold medal and diploma for each

participating member of the winning team.

Second Prize: Silver medal and diploma for each

participating member of the first runner-up

team.

Third Prize Bronze medal and diploma for each

participating member of the second runner-

up team.

Fourth to sixth prize: Diploma to each participating member of

the team.









## IV. APPROVAL OF TECHNICAL HANDBOOK

Approval of the technical handbook for the Indoor Cycling competition at the Macau 2007, 2<sup>nd</sup> Asian Indoor Games was obtained from ACC on 14<sup>th</sup> of August, 2006.

In the event of discrepancy in the handbook, MAIGOC reserves the right to make Clarification and OCA's decision to the clarification shall be final.

#### INTRODUCTION TO MACAO S.A.R. V.

#### **Location & Area**

Macao Special Administrative Region is located on the southeastern coast of China, at latitude 22°14' North and longitude 113°35' East. The territory comprises a peninsula and two islands in the Pearl River Delta of Guangdong Province.

The total area of Macao is 27.5 km<sup>2</sup> the peninsula has 8.8 km<sup>2</sup>, Taipa 6.4 km<sup>2</sup>, Coloane 7.6 km<sup>2</sup> and the reclaimed land between Taipa and Coloane has 4.7 km<sup>2</sup>.

The city of Macao is built on the peninsula; three bridges of 2.2 km, 2.5 km and 4.5 km respectively link it to its nearest island of Taipa, which in turn is joined with Coloane by a 2.2 km-long causeway. At the extreme northern end of the peninsula, on a narrow isthmus, is the imposing gateway (Portas do Cerco, or Border Gate), that leads to the Zhuhai and Zhongshan areas of China.

#### 2. Time

Macao is eight hours ahead of GMT.

## 3. Population

Macao's population is around 500,000 residents, of which about 95% of its population are Chinese and 5% are Portuguese, Europeans and from other countries.

The majority of the population lives in the Macao peninsula. The two islands are places devoid of the hustle and bustle of the city centre, especially Coloane which is the garden of the Territory with lots of parks and greenery areas.

## Language

Chinese and Portuguese are the official languages, with Cantonese being most widely spoken. English is generally used in trade, tourism and commerce.



## Technical Handbook Seco





#### INTRODUCTION TO MACAO S.A.R. V.

## Currency

The Pataca (MOP) is Macao's official currency. There are bank notes and coins in the following denominations: Bank notes: 10, 20, 50, 100, 500 and 1,000 Patacas. Coins: 1, 2, 5 and 10 Patacas; 10, 20 and 50 avos. By the decision of the Macao Government, the Pataca is pegged to the Hong Kong dollar (HKD) and Renminbi (RMB), which freely circulate in Macao. The exchange rates are MOP\$103=HK\$100, MOP\$100.5=RMB\$100. There is an acceptable variation up to 10%. Roughly 8 Patacas is equivalent to 1 US dollar.

Foreign currency or travelers' checks can be easily changed in hotels, banks and authorized exchange dealers located all around the city. If the visitor needs to change money outside the usual working hours, there are 24 hours exchange counters operating in the Macao International Airport (Taipa Island) and in the Lisboa Hotel (Macao). Banks open normally from 9 a.m. to 5:30 p.m. through lunchtime. Most credit cards are accepted in many hotels, shops and restaurants. There are no restrictions on the amount of currency that can be brought in or taken out.

## VI. WEATHER CONDITIONS

#### Climate

The climate is moderate to hot, with an average annual temperature of just over 20°C (68°F) and a yearly mean variation between 15°C (59°F) and 28°C (82.4°F). The humidity is high with an average range between 68% and 87%. The yearly rainfall is about 2,100 mm. The best period to visit Macao is between October and December, when days are sunny and warm, and the humidity low. The winter is cold but sunny. In April, the humidity becomes apparent and from May to September the climate is hot and humid with rain and occasional tropical storms (typhoons). Below is the average weather condition during the Games period in October and November:

	October	November
Average climate	24.7 °C	20.4 °C
Highest	27.4℃	23.4 °C
Lowest	22.3 ℃	17.8 °C
Average Relative Humidity	73%	69%
Insulation duration (hour)	195	177.6
Average wind velocity (km/h)	14.9	14.8
Average rainfall (mm)	116.9	42.6
Average days of rainfall	7	5

#### What to Wear

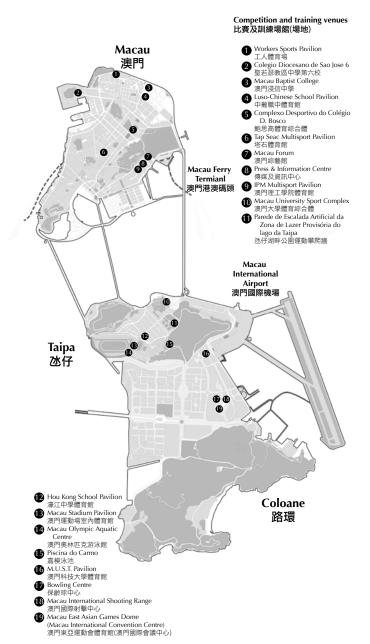
The dress code is usually casual in Macao. Cotton or light clothing is recommended for the summer. Woolen clothing and occasionally even a topcoat are required for the winter. Sweaters and jackets are sometimes necessary for the cooler evenings in March-May and September-November.

1.5 14

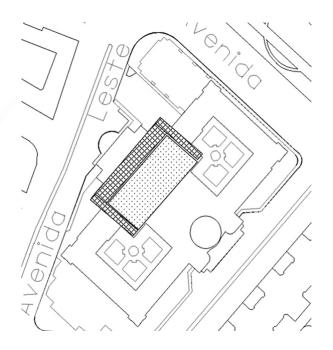




## VII. MAP



## **Luso-Chinese School Pavilion** 中葡職中體育館



Seating Capacity: 300 座位:300個



Competition Area: 40m x 20m 比賽場地: 40米 x 20米







## 澳門2007年第二屆亞洲室內運動會競賽 總日程表

	日期 10月						11月			
項目		五	六	日	_	=	Ξ	四	五	六
垻 目		26	27	28	29	30	31	1	2	3
開幕	禮	0								
健美	操	•	•	•						
保齡	球		•		•	•	•	•		
棋類	國際象棋	•	•	•	•	•	•	•		•
75. 56	象棋		•	•	•	•	•	•	•	
台里	求		•	•	•	•	•	•	•	•
體育夠	<b></b>		•	•						
	舞龍							•		
龍獅運動	北 獅							•		
	南獅							•		
電子意	竞技		•	•	•	•				
	小輪車	•	•			•		•		
極限運動・	直排輪滑	•	•	•			•			
學改定到	滑 板	•	•	•						
	攀岩					•	•	•		
蹼泳(2	25米)		•	•						
室內五人	人足球	•	•		•	•	•	•		
入籃膊	泰球						•	•		
室內日	日徑					•	•	•		
室內單車	花式單車	•	•							
±13++	單車球	•	•							
室內曲棍球		•	•	•	•	•		•	•	
卡巴迪						•	•	•	•	•
泰拳					•	•	•	•		•
短池游泳 (25米)						•	•	•		
自由搏擊 (示範項目)		•	•							
克柔術 (示	範項目)								•	
閉幕	禮									0

上述日程表將根據最終報名參賽人數或隊數作出修改。

#### 組織架構 II.

## 1. 亞洲奧林匹克理事會 (亞奧理事會)

## 亞洲奧林匹克理事會執行委員會(亞奧理事會)

主 席: 艾哈邁德・法赫德・薩巴赫親王

秘書長: 拉加・金特爾・辛格

副主席:

中亞 賈夫爾·拉基莫夫

東亞 霍震霆

南亞 賽阿里夫·哈桑中尉 東南亞 亞維華卓宏將軍

西亞 伊薩斌·謝赫拉·希德哈利親王

第十六屆亞運會 - 廣州 于再清

第七屆亞洲冬季運動會 - 阿拉木圖 多斯穆罕貝托夫

第二屆亞洲室內運動會 - 澳門 蕭威利

第一屆亞洲沙灘運動會 - 巴里島 瑞塔・薩波沃

各委員會主席:

協調委員會: 竹田恒和

諮詢委員會: 黃思綿 運動員委員會: 荒木田由子

希瑪斯里·佛蘭度 教育與文化委員會:

財務委員會: 張豐緒

信息與統計委員會: 巴赫拉姆 · 阿夫沙爾扎德

傳媒委員會: 蕭威利 醫療委員會: 卓格辛醫牛

規則委員會: 塔拉勒·法赫德·薩巴赫親王

體育與環境委員會: 柳京善

體育與和平委員會: 費薩爾斌侯賽因王子

大眾體育委員會: 考蘇耀將軍 體育委員會: 魏紀中

婦女委員會: 娜特莉亞·絲波維芝 總幹事: 侯賽因·阿·穆薩拉姆

址: P.O. Box 6706

地

32042 – Hawalli

Kuwait

雷 話: (965) 5717196 / 5734972 傳 真: (965) 5734973 / 5726622

電子郵箱: info@ocasia.org 頁: www.ocasia.org







## II. 組織架構

## 2. 第二屆亞洲室內運動會澳門組織委員會(亞澳組委)

主 席: 蕭威利堯 書: 蕭威和堯 事: 吳沙鄉張雄榮 塚雄雄 俊 康

> 藍鏵纓 盧景昭

地 址: 澳門氹仔體育路185-195號

電 話: (853) 28-70-2007 傳 真: (853) 28-71-2007

電子郵箱: <u>macau@maigoc2007.com</u> 網 頁: <u>www.maigoc2007.com</u>

## II. 組織架構

## 3. 體育聯會

## 3.1 國際自行車聯盟 (UCI)

主 席: 麥奎德

地 址: CH 1860 Aigle, Switzerland

電 話: (41)-24-468-5811 傳 真: (41)-24-468-5812 網 址: <u>www.uci.ch</u>

## 3.2 亞洲單車聯會 (ACC)

主席: Mr. HEE Wook Cho 秘書長: Mr. Choi, Boo Woong

地 址: MG Building #315-4, 2 Ka Sungsoo-Dong

Sungdong-Ku Seoul, Korea

電話: (82) 2 4650 805 傳真: (82) 2 4650 808 電郵: <u>kucbw@hanmail.net</u>

## 3.3 中國澳門單車總會

會 長: 藍鏵纓 主 席: 麥志權

地 址: 澳門慕拉士大馬路激成工業中心

第三期二樓R/S座

電話: (853) 28 - 482 182 傳真: (853) 28 - 482 178 電郵: nkha@macau.ctm.net 網址: www.macaocycling.org





# 室內單車



## III. 賽事資訊

## 1. 日期

澳門2007年第二屆亞洲室內運動會室內單車賽事將於2007年 10月26至27日舉行。比賽日程表將根據最終報名參賽隊數作出 修改。

## 2. 地點

## 2.1 比賽地點

室內單車賽事將於中葡職中體育館舉行,比賽場館距離市中心約四公里,座位數300個。

### 2.2 練習地點

室內單車之大會練習及熱身場地設於中葡職中體育館。

## 3. 項目

室內單車將設下列項目:

<u>男子</u>	<u>女子</u>
單人花式	單人花式
雙人花式	雙人花式

單車球

## 4. 臨時比賽日程表

22-24/10/2007 (星期一至星期三)	比賽場地佈置
25/10/2007 (星期四)	裁判會議及實習 領隊會議 大會練習
26/10/2007 (星期五)	花式單車 單車球
27/10/2007 (星期六)	花式單車 單車球

註:上述比賽日程表將根據最終報名參賽人數/隊數作出修改。

## III. 賽事資訊

## 5. 參賽資格

- 5.1 第二屆亞洲室內運動會室內單車賽事只接受具有其所屬奧委會的代表隊伍報名。
- 5.2 參賽運動員必須符合亞洲奧林匹克理事會(亞奧理事會)憲章 規定之條件。
- 5.3 參賽人數

各奥委在室內單車賽事最多可報19人,其中包括4名隨隊官員, 9名男運動員、6名女運動員。

## 花式單車(包括後備):

2名男運動員
4名男運動員
2名女運動員
4名女運動員

單車球:

男運動員 3名(包括2名正選及1名後備)

## 6. 報名

- 6.1 各奧委會之報名程序將按亞澳組委相關的規則執行。
- 6.2 第一次報名(提交參賽人數) 由每個奧委會及技術官員填妥之**參賽人數表格**必須透過各奧委 會遞交,亞澳組委必須在2007年6月22日18:00(澳門時間)前 收到表格。
- 6.3 最後報名(提交參賽名單)

亞澳組委必須在2007年9月14日18:00(澳門時間)前收到參賽名單表格,已填妥之參賽名單表格必須包括運動員之全名及所有必須資料。各奧委會可於截止報名日前(包括當日)對報名表作出修改或補充,截止報名後更改將不獲批准。

6.4 上述報名表格接納以傳真形式遞交,但蓋章後之**報名表正本**必 須郵寄到以下地址:

第二屆亞洲室內運動會澳門組織委員會(亞澳組委)

地 址:澳門冰仔體育路185-195號

電 話: (853) 28-70-2007 傳 真: (853) 28-71-2007

電子郵箱:<u>macau@maigoc2007.com</u> 網 頁:<u>www.maigoc2007.com</u>

## 第二屆亞洲室內運動會 技術 <del>手</del> 冊 <sub>第三版</sub>

# 室內單車



## III. 賽事資訊

#### 6.5 最後確認

各奥委會需於賽事前一天所舉行之領隊會議上, 遞交參賽運動 員的最後確認名單。

## 7. 技術會議

- 7.1 裁判之聯合會議將於2007年10月25日舉行(賽事前一天)。
- 7.2 領隊會議將於2007年10月25日舉行(賽事前一天)。

## 8. 競賽通則

#### 8.1 競賽規則

室內單車賽事將按國際自行車聯盟 (UCI) 最新公佈之室內單車規則進行。如對規則解釋有爭議,將以英文版本為準。所有不可預見日規則內未盡清晰之處將按下列情況執行:

總體事項:按亞洲奧林匹克理事會(亞奧理事會)憲章解決。 技術事項:按國際自行車聯盟(UCI)之室內單車比賽競賽規章解 決。

## 9. 抽籤

隊制項目之抽籤將於2007年之團長會議上舉行,並需由亞澳組委引領、在亞奥理事會和亞洲單車聯會(ACC)監督下進行。

## 10. 技術官員

#### 10.1 技術代表

澳門2007年第二屆亞洲室內運動會室內單車賽事的技術代表將 由亞洲單車聯會(ACC)指派,並經亞奧理事會和亞澳組委認可。

#### 10.2 裁判

所需之裁判和球證將由亞洲單車聯會 (ACC)指派,並經亞奧理事會和亞澳組委認可。

## III. 賽事資訊

## 11. 制服

若非事先得到亞洲奧林匹克理事會(亞奧理事會)、國際自行 車聯盟(UCI)和亞澳組委同意,運動員及工作人員均不允許穿著 含有廣告成份之比賽制服。

## 12. 欺詐之罰則

若參賽者被證實作出欺詐行為違反其競賽項目之聯會規則,其 將被取消參賽資格外,一切獲得之名次及成績亦同時撤消。若 該參賽者的組織成員被證實為欺詐行為之同夥,則該奧委會於 有關項目之參賽資格將被取消。

## 13. 興奮劑和性別檢查

## 13.1 興奮劑檢查

澳門2007年第二屆亞洲室內運動會的所有競賽項目之興奮劑檢查將按照亞洲奧林匹克理事會(亞奧理事會)醫務委員會之指引,並根據世界反興奮劑機構(WADA)之程序進行。

#### 13.2 性別檢查

性別檢查的測試將按照亞洲奧林匹克理事會(亞奧理事會)的章程 和規則執行。

13.3 被揀選之參賽者將在比賽結束後獲得通知,且必須攜帶身份確認證由其隊伍教練或隊醫陪同前往興奮劑測試中心進行約1小時的測試。被挑選者收到通知而拒絕出席興奮劑測試中心進行測試,被視為對興奮劑測試呈陽性反應。性別驗證於有需要時才會推行。

## 14. 獎項

#### 14.1 語言

發獎儀式將採用中文和英文。

## 14.2 服裝

所有獲獎運動員必須穿著其所屬奧委會之制服。

#### 14.3 獎項頒發順序

獎項將按以下次序頒發:季軍, 亞軍, 冠軍。







## III. 賽事資訊

## 14.4 獎項

## 個人項目:

冠軍: 授予金牌及證書 亞軍: 授予銀牌及證書 季軍: 授予銅牌及證書 第四至第六名獎項: 授予證書

## 接力項目/隊制項目/團體項目:

冠軍: 授予隊伍各成員金牌及證書 亞軍: 授予隊伍各成員銀牌及證書 季軍: 授予隊伍各成員銅牌及證書 第四至第六名獎項: 授予隊伍各成員證書

## IV. 技術手冊認可

澳門2007年第二屆亞洲室內運動會室內單車之技術手冊於2006年8月 14日亞洲單車聯會 (ACC)認可。

\*\*\*\* 技術手冊之內容如有未盡事宜,由亞澳組委負責解釋,並由亞 奧理事會作最終決定。





# 室內單車



## V. 澳門特別行政區簡介

## 1. 地理位置及面積

澳門特別行政區位於中國東南沿海廣東省珠江三角洲,在北緯22°14'、東經113°35'。澳門由澳門半島、氹仔和路環兩個離島組成。總面積共27.5平方公里,其中澳門半島8.8平方公里、氹仔6.4平方公里、路環7.6平方公里、路氹填海區4.7平方公里。澳門半島是澳門之中心地帶,它與氹仔之間由三條分別長2.2公里、2.5公里及4.5公里的澳氹大橋連接;氹仔和路環之間也有一條約2.2公里的路氹連貫公路相連。經澳門半島最北面的關閘可到達中國的珠海市和中山市。

## 2. 時間

澳門的時間比格林威治標準時間早八小時。

## 3. 人口

澳門總人口約500,000人,其中95%為華人,葡國人及其他外國人只約佔5%。大部份居民住在澳門半島,兩個離島並不如市中心般充滿緊張的氣氛,特別是路環,四周充滿大量公園及綠化植物,可說是城市的綠洲。

## 4. 語言

中文和葡文是現行官方語言,居民日常溝通使用廣州話,英語在澳門也很廣泛應用於貿易、旅遊、商業用途。

## 5. 貨幣

澳門的官方貨幣單位是澳門幣(PATACA)。紙幣面額計有10元、20元、50元、100元、500元及1,000元六種;硬幣有1毫、2毫、5毫、1元、2元、5元和10元七種。在澳門售賣的商品和所提供的服務收費一律以澳門幣計算,但也可使用人民幣及港幣。港幣100元約兑換澳門幣103元;人民幣100元約兑換澳門幣100.5元。兑換率按市場浮動率釐定,而1美元約兑換澳門幣8元。

銀行、酒店或銀號均提供兑換外幣和旅行支票的服務,而且地 點適中,十分方便。另外,澳門國際機場和葡京酒店內提供二 十四小時兑換外幣服務。

本地銀行營業時間為早上九時至下午五時三十分,信用卡也可以在澳門部份商店流通使用。本地或外地貨幣可自由出入境,數量不限。

## VI. 氣象資料

## 1. 氣候

澳門全年氣候溫和至炎熱,平均氣溫約20°C (68°F),全年溫 差變化在16°C (50°F)至25°C (77°F)之間;濕度較高,約 73%至90%;全年降雨量約2,100毫米。

10月至12月為澳門旅遊的理想季節,氣候溫和,濕度低。冬季雖較寒冷,但陽光普照;踏入4月,濕度逐漸上升;5月至9月, 天氣炎熱及潮濕,有時有雨及颱風。澳門2007年第二屆亞洲室 內運動會(10月至11月)期間之預計天氣狀況如下:

	10月	11月
平均氣溫	24.7 °C	20.4 ℃
最高	27.4 °C	23.4 ℃
最低	22.3 ℃	17.8 ℃
平均相對濕度	73%	69%
日照時間(小時)	195	177.6
平均風速(公里/小時)	14.9	14.8
平均降雨量(毫米)	116.9	42.6
平均降雨日數:	7	5

## 2. 建議服裝

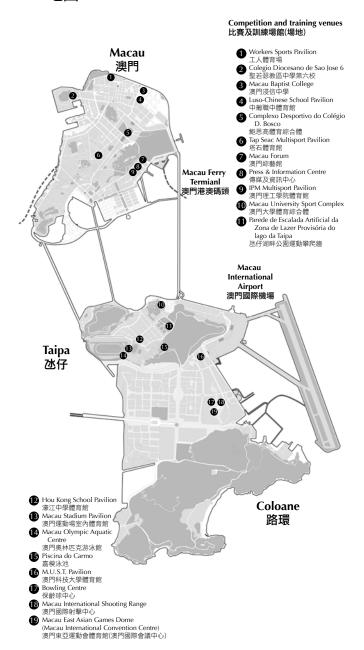
本地人通常穿著輕便之服裝;夏季只需穿棉質或輕便衣服;冬季天氣較冷,應備羊毛衣物及外套;春秋兩季晚間稍涼,宜穿 毛線衫或夾克。



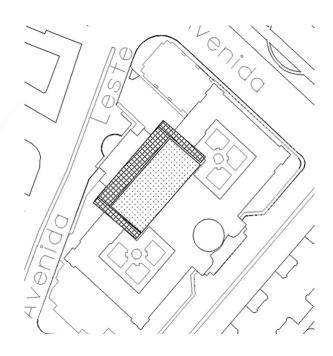




## VII. 地圖



## Luso-Chinese School Pavilion 中葡職中體育館



Seating Capacity: 300 座位:300個



Competition Area: 40m x 20m 比賽場地:40米 x 20米



# 第二屆亞洲室內運動會 技術手冊<sub>第二版</sub>



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